

✓	COMMON NAME
	Arrow-leaved Tearthumb
	Blue Flag or Wild Iris
	Boneset
	Cut-leaved Water Horehound
	Fraser's Marsh St. Johnswort
	Joe-Pye Weed
	Marsh Cinquefoil
	Marsh Marigold
	Northern Bugleweed
	Pale Gerardia
	Pale St. Johnswort
	Steeplebush
	Touch-me-not or Jewelweed
	Wild Mint

**More Information:**  
 Look for other brochures prepared by Ontario Wildflower or check the web site:  
[www.ontariowildflower.com](http://www.ontariowildflower.com)

**Steeplebush**

*Spiraea tomentosa* - Native.

Steeplebush has steeple-shaped, branched clusters of pink flowers. It grows along open, moist margins of marshes and also in open meadows (July-September).



**Touch-me-not or Jewelweed**

*Impatiens capensis* - Native

The orange flowers look like tiny jewels; hence, the common name Jewelweed. If you touch the end of a ripe seed pod, it pops open and the seeds explode out. This explains why the plant was called "touch-me-not". The flower depends on hummingbirds for pollination. (July-September).



**Joe-Pye Weed**

*Eupatorium maculatum* - Native.

Joe-Pye Weed has purple to pink, flat-topped flower clusters. Its distinctive lance-shaped leaves occur in whorls and have a vanilla-like sent. The common name reportedly comes from an American Indian named Joe Pye who used the plant to cure typhus fever. (August - September).



**Boneset**

*Eupatorium perfoliatum* - Alien

Boneset has white fuzzy heads in rounded, flat-topped clusters. Early herb doctors wrapped the leaves with bandages to help set broken bones or as a cough and fever remedy for the affects of the flu called "break-bone fevers". (July-October).



**Pale St. Johnswort**

*Hypericum ellipticum* - Native.

Pale St. Johnswort has pale yellow flowers at the terminal branched stems. The central flower in each cluster opens before flowers on lateral branches. It grows on moist ground, such as the sides of rivers, marshes, lakes, and beaver ponds. (July - August).



# Wildflowers and Other Flowering Plants From Moist Areas

## Killarney and Sudbury Area Late Summer



Purple Gerardia  
 Chikanishing Trail  
 Killarney Provincial Park

Ontario Wildflower  
 Sudbury Ontario

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### Blue Flag or Wild Iris

*Iris versicolor* - Native.

This is a spring wildflower, but its leaves and seed pods are distinctive in the fall. Iris was goddess of the rainbow and messenger of the gods in the Iliad. That is why the iris is associated with messages and good news. In the language of flowers, Iris means "Glad tidings", "Message" or "I have a message for you". (May - July)



### Wild or Water Mint

*Mentha aquatica* - Alien.

Wild or Water Mint has pale lavender-coloured flowers in the axils of leaves. The leaves are opposite and toothed and in pairs that are at right angles to each other. The stem is square. In the language of flowers, mint means "virtue". (July - September).



### Northern Bugleweed

*Lycopus uniflorus* - Native.

Although the Northern Bugleweed is a member of the Mint Family, it is non-aromatic. It has tiny white flowers in dense clusters in leaf axils, paired, coarsely toothed leaves, and a square stem. It grows on wet ground, shores of lakes, beaver ponds, marshes, wet areas. (June-September).



### Cut-leaved Water Horehound

*Lycopus americanus* - Native

This is also a member of the Mint family, but is weakly aromatic. It has tiny white flowers in tiny clusters on stems near leaf axils. The stem is square. Most distinctive are the deeply cut, oak-like lobes on lower leaves. (July - September).



### Arrow-leaved Tearthumb

*Polygonum sagittatum* - Native.

The plant has branching stems with many prickles that grab at your clothes.

The plant is reclined and generally less than 60 cm tall.

Arrow-leaved Tearthumb occurs along shorelines, marshes, and swamps. (June - September).



### Marsh Marigold

*Caltha palustris* - Native.

The bright yellow flowers are distinctive. It occurs in wet areas, such as creeks, swamps, wet meadows, and bogs, generally in, or beside, running water. Marsh Marigold is one of the first plants to flower in spring. (April - June).



### Marsh Cinquefoil

*Potentilla palustris* - Native.

The plant occurs on the edges of marshes. It has a compound



leaf with 5-7 toothed leaflets. The flowers are red or purple. During the Middle Ages, Cinquefoil was commonly included in love potions. (Summer).

### Fraser's Marsh St. Johnswort

*Triadenum fraseri* - Native

This plant has purplish-pinkish flowers, but you will only see them at night because the flowers are pollinated by insects that are active at dusk and dawn. The flowers seem to be in bud throughout the summer if seen during the day. (Mid-summer).

